



7th Annual Lao Boat Racing Festival

September 17, 2022

Tecolote Shores North, Mission Bay
8:00AM – 5:00PM



A cultural celebration that connects the communities

Welcome back to the Lao Boat Racing Festival!

It has been too long since we last enjoyed the thrill of dragon boat racing. The past two years have been filled with uncertainty, fear and disappointments. Some of us lost friends or family members during the pandemic, but let's put that behind us and look forward to an exciting event!

On behalf of Lao Community Cultural Center (LCCC), it is my great honor to welcome you back for the 7th Annual Lao Boat Racing Festival. We are happy you have decided to join us. We will try to make the day as exciting as in the past. Make sure to make as many new friends as you can as that is a wonderful part of dragon boat racing.

Lastly, I would like to express my sincere thanks to our sponsors, LCCC team, LaoSD, volunteers, performers and other organizations for assisting with this year's event.

Best of luck to participating teams and their supporters. Enjoy the day and we are looking forward to seeing you next year!

Sincerely,



Paulette Luangviseth

Executive President



Paddle Warriors

We are a team of women that work together towards one common goal. We are breaking stigmas that women are weak, too sensitive, too emotional and that you have to be a certain "way" to be in a competitive sport. We are mothers, wives, daughters, and friends. We are all different shapes and sizes and we come from different walks of life. We have a vision that goes beyond dragon boating. A vision to empower women through sport that is physically, mentally, and emotionally challenging, a vision to give back to our community.



LYC Phoenix & TopGun



Lao Youth Center is a nonprofit organization that aid in strengthening the Lao youth's priority by educating Lao traditional culture, sports, dances, music & religion in America. LYC is filled with passionate, kind-hearted younger generation with a sense of pride and respect for learning Lao's roots. Our goal is to encourage & inspire all generations to carry on the legacy of Lao heritage & culture from one generation to the next. We are proud to present dragon boat racing with our partnership/mentor "RI Phoenix Dragon Boat Club". RI Phoenix help foster team building at all levels of competition, encourage health & fitness plus set out to establish a long-lasting relationship with the communities. With the support of our neighbors team like, "NE TopGun". We pushes beyond boundaries to strive for excellent teamwork. Together, we set the perfect example to retain strong bonding that enhances the cross-cultural & acculturation progression. Promoting goodwill, cultural pride, sportsmanship & have a great time together as one LYC.



Satree Lao

Satree* Lao is made up of strong ladies from various backgrounds. The team has evolved from past contestants of Miss Lao San Diego to simply all ladies who want to experience the sport of dragon boating. The goal of team Satree Lao is to have fun racing in the annual Lao Boat Racing Festivals.

*Satree, a Lao word meaning “Honorable Royal Lady“



LV92111



Time to pass on the Torch. It has been over 40 years since Linda Vista (LV) 92111 OGs became friends and most of us are still here in San Diego with unbreakable friendship bond. But it is time to pass on the knowledge and skills to the younger generation to carry on the Lao culture and boat racing festival tradition. Like the OGs, these youngunz are families and close friends who are motivated and ready to take on challenges. Don't let their rookies status be an understatement because these youngunz are trained and ready!! They will be fierce, they will be Lao'd, they are relentless and they will give you a run for the trophies..... LV legacy shall live on.. We are Lao and proud!! LET's GO young CHAMP!!





CYD



We built our dragon boat youth team during the pandemic in 2021. It started as a summer kayaking club and grew into a dragon boat team with students from CVMS/PTMS/OVMS/CCA/Westview HS/La Jolla HS/LJCDs. This is a group of friends who share the same love of nature and passion in water sports. Rowing the tranquil bay in the morning and looking down through the transparent water are phenomenal experiences. We practice weekly at the beautiful Fiesta Island Mission Bay. Dragon boat emphasizes not only paddling skills but more importantly enhances team collaboration. This is our way to inspire people at this low moment of COVID-19.

Angels

Team Angels was established in 2014. The bond between the Angels grows stronger and stronger as the ladies continue to nurture their friendship and share their appreciation of the Lao culture (especially food!) outside of practices. Even though the team is made up of new and veteran paddlers, the ladies know the key to a successful race is working together as a team. Team Angels is honored to be part of the 7th Annual Lao Boat Racing Festival in San Diego. We are looking forward to partake in an event that promotes a much loved and celebrated Lao tradition.





We are a team of coworkers from Kearny District and the IBEW #465, family members and friends. This is our first year of having a full paddling season and we are ready to get on the water. PADDLES UP!!

Knick Knack Paddle Whack

Lao San Diego Soccer Club

The Lao San Diego Soccer Club (LSDSC) is dedicated to promoting physical and mental wellness through the game of soccer, other sports, and recreational, social, and cultural activities. The club accomplishes this through engaging, assisting and cooperating with the Lao Community to help preserve and promote Lao culture, tradition, and heritage. As the result the club promotes friendship, activities, and community involvement.



Solar Dragons



Solar Dragons began as a casual interest group and turned into a powerhouse of diverse and highly motivated new and experienced men and women paddlers. Our strength lies in every one of our teammates' dedication to training, professionalism, and will to win! We paddle to realize our core values of "Integrity, Excellence, Teamwork, Commitment, and Sustainability" which is the force multiplier in our profession, our community, and our lives. We, Solar Dragons, are second to none!

PKU 5/4

Peking University (PKU) in Beijing is the first modern national university in China and has consistently enjoyed its reputation as the most prestigious university in the country. PKU's alumni are all over the world; many found their new home in America's finest city. San Diego Peking University Alumni Association (SDPKUAA), a 501(c)(3) organization, is a big happy family of over 400 PKU alumni, family, and friends. SDPKUAA started to organize dragon boat practices in 2015. Since then we have participated in all the major races in southern California and won numerous prizes. The latest of them include 1st Place in the 15th San Diego Dragon Boat Festival, 3rd Place in Los Angeles County Dragon Boat Festival 2022, and 3rd Place in Long Beach Dragon Boat Festival 2022. Here we are, keep challenging ourselves, enjoying dragon boating and San Diego in the Lao Boat Racing Festival!



LPB Reunion



The 4th Luang Prabang Reunion
San Diego, California
Friday, September 16, 2022 - Meet&Greet
Saturday, September 17, 2022 - Boat Racing, Evening Gala
Sunday, September 18, 2022 - Farewell Gathering

Showcasing Luang Prabang invaluable cultural heritage, Fon Nang Keo, Fon Gnuck, Fon Hanuman, and boat racing.

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Evening Gala - Harrah's Resort Southern California at 777 S. Resort Dr., Valley Center, CA 92082
Meet&Greet an Farewell Gathering - 32361 Wiskon Way West Pauma Valley, CA 92061
Boat Racing - 1340 East Mission Bay Drive, San Diego, CA 92019

Attendees from around the world will be in San Diego for the 4th Luang Prabang Reunion. The event will showcase invaluable cultural heritage, Fon Nang Keo, Fon Gnuck, Fon Hanuman, and boat racing. In the Lao spirit of simply having fun, some of the attendees will participate in the Lao boat racing event with zero paddling experience and zero practices.

Sticky Rice Dragon



Sticky Rice Dragon is a team consisting of husbands and wives, fathers and sons, friends, and people from various backgrounds who share a common interest of paddling. We have novice and experienced paddlers. Sticky Rice dragon is here to support the Laotian community of San Diego and have fun at the same time.

“You may have the greatest bunch of individuals in the world, but if they don’t play together, the team won’t be worth a dime”, Babe Ruth.



Sticky Rice Power

We're so excited to be back again and so proud to be part of the Lao Boat Racing Festival. Thank you LCCC for making it happen again. Last thing we'd like to say is ...we are Sticky Rice Power; we stick together, and we build a stronger foundation and to be much more powerful.

Jao Pha Ya

Team A



"WE ROW AS 1"

Team B



LezBHonest



Team LezBHonest is a team filled with women that aim to bring all identities to the sport of dragon boat racing. At the forefront is a focus on inclusivity of sexuality, gender, and body positivity. All cultures, identities, and bodies are brought together to enjoy the ancient sport of dragon boat racing and to learn from one another to build sportsmanship and a love of the water.

United Lazy Paddlers

Covid has devastated Qdragon as practices and races were halted. Most of our original members are still weighing out the risks of Omnicron variants. The good news is there are 2-3 new teams started this year. Some of these teams are so new that they are not so confident about joining a race. After running into Qdragon members and having practices together, these newbies are finally taking a plunge into the exciting world of dragon boat racing!

This year, Qdragon members will be racing together with members from Paddling Pandas as one team now known as **United Lazy Paddlers**. Talk about the ultimate ying and yang combination!



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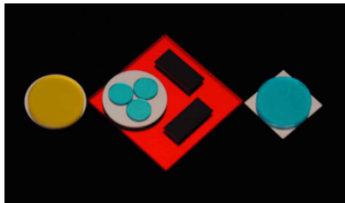
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A huge thank you to our dancers and performers

Mahoran & Champa Noy Dancers



Anneston Pisayavong



Kennedy Phounsiri



Kara Koulavongsa



Dane Amar



Kimmi Thai Tea



ສູນກາງ ວັທນະທັມລາວ ແຊນດີເອໂກ

LCCC



DON'T MISS LAO NEW YEAR FESTIVAL

April 1-2, 2023

Info to be posted end of year at <https://lccc-sd.org/>